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Mastin Kipp

Sponsored

ID: 220754494028656

👉 Comment "YES" if you agree! It's SO important that we have safe relationships and safe environments to help us create emotional wellness and be able to have longterm emotional regulation.

Without safety, healing trauma isn't really possible.

Set your intention to create safe relationships and environments so you can heal and THRIVE!

You got this!

Your biggest supporter,
Mastin

P.S. Ready to heal your past, align with your life purpose & unlock your full potential? Join my FREE Life Purpose Challenge starting May 17th! Click the link in my profile @mastinkipp to join totally free!

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Mastin Kipp ✓

@MastinKipp

Set your intention to be in environments and relationships that promote safety and emotional regulation day to day.

About the Page

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Mastin Kipp

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595.2K followers · Public figure

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280.9K followers

More info

Creator of Functional Life Coaching. Best-selling author of Claim Your Power.

